

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ashraf Hendricks

Has successfully participated & completed the

5km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 00:35:58

PACE 07:10/km

OVERALL 16 of 114

GENDER 12 of 42

OPEN 11 of 18

27 January 2019, Sun

Date



